

Are You Ready to Learn the Correct Technique?

Teaching Philosophy

The best way to change unwanted swing habits is to focus on the root cause of the problem, not the symptoms. Our first objective at the Craig Piscopink Golf School is to help you understand the science and biomechanics of your golf swing. We provide the knowledge and understanding so students can become their own best coach. All students are different in stature, skill level, physical limitation, learning style and practice availability. We design a customized development program for each student. We teach each student in a way specifically customized to their individual learning needs. Even though each student is different in mind and body, the principles of science and biomechanics remain the same. People learn in different ways, so our goal is to find the best solution for YOU. We strive to build a golf swing for you, not another model or after a PGA Tour Player. The swing should be developed with the mindset and attitude of delayed gratification for long-term benefits.

“Quick Fixes and Tips Don’t Work;

Proper Technique Creates Consistency.” CP

Scientific Approach

We use a scientific method that governs our technique for instruction. Scientific principles and laws apply regardless of who is swinging the golf club. For years, golf instruction focused on the path determining the starting direction of the ball. New technologies, such as TrackMan, have proved this to be false. TrackMan data shows that 85% of the starting direction is due to the clubface and 15% is due to the path, except for a driver which is 90% clubface and 10% path. This is true for all golfers.

Method of Approach

- Geometry - Understanding how angles affect shot patterns and body movements

- Biomechanics - Mechanic and sequencing of body motion
- Anatomy and Physiology - Structure and function of the human body
- Ball Flight Laws - Face angles and path directions,
- Equipment - Influences prior and during the swing
- Physics - Understanding mechanics, motions and forces
- Injuries- preventing and overcoming limitations

“Feel is Not Real”

Six- Pronged Teaching Approach

1. Help educate students on the golf swing in general
2. Identify and analyze students’ tendencies, habits, strengths and weaknesses
3. Help students understand their golf swing, not a swing model or PGA tour player swing
- 4.
- 5.
- 6.

Mass Golf Instruction

There is too much information, opinions and myths about the golf swing. This comes from books, magazines, YouTube videos, peers and instructional methods and philosophies. This causes confusion for golfers on what to believe. At the Craig Piscopink Golf School, we use science, principles and laws that we can quantify.

“Sweeping Hybrids and Fairway Woods is Not a Good Idea.”CP

Learning and Mental Approach

The golf swing is a very complex motion with many factors involved. We believe in disassembling the swing into steps so the learning process is simplified and the student is given a reference point as a fundamental step. By practicing deliberately, the center of attention is on the goal rather than outcome. This allows students to focus on what they can control. (If a golfer’s mind is crowded with numerous thoughts, they will become nervous, anxious and filled with fear.) When this occurs the body’s adrenal glands produce a chemical called Cortisol, which impairs cognitive performance and blocking reasoning.

Playing the Game Approach

After learning the scientific technique, which is a never ending process of development, we must learn to play golf. Playing the game we are referring to being an athlete and reacting to the target. Here we teach you a simple two step process to eliminate mechanical thoughts. The concept is to have quality practice sessions with technique focused training, so playing becomes less cognitive.

Game and Course Management